# **Philosophy of Care**

**Linear Park – Compassionate Understanding Care** 

Linear Park changes the way care is run - allowing residents to live well with dementia and old age.

Linear Park's philosophy of care sets out to provide the highest standards of protection and personal interest within an environment that is safe, warm, homely and accepting, and that protects residents' dignity, privacy and individuality. This environment will promote and preserve independence, provide adequate stimulation, and maintain, encourage and forge community links. We have a particular specialism in dementia care and our home is uniquely designed to support the needs of those coping with dementia.

This document is designed to show you how we live our philosophy day-to-day and provides more information about how we approach care through our facilities, people and environment. For specific details, please refer to our Residents' Care Guide.

### Care

Linear Park is a registered residential care home. We provide 24 hour residential care for older people and those coping with dementia who require some form of personal care in order to maintain and improve their quality of life. Registered respite care can be offered where accommodation is available.

All potential residents are visited prior to admission to discuss their individual requirements and to ensure their needs can be adequately met within the home. An individual plan of care is formulated in consultation with each resident and is regularly reviewed and updated.

As well as continuing care, respite and rotational care can be provided from time to time. We can accommodate 31 residents. All rooms are single and ten rooms have en-suite facilities. Our single rooms are approximately 10 - 12 square meters in size, whilst our en-suite rooms are approximately 18 square meters, including a disabled en-suite shower facility. Communal areas are calculated at approximately 6 square meters per resident.

Residents are assessed by the home Manager prior to admission. We welcome them to spend part of the day in the home for a trial in order to assess our facilities and services for themselves.

Residents may leave at any time without notice or penalty as long as the fees due have been discharged. The home may in exceptional circumstances ask a resident to leave if their stay is detrimental to the welfare of

other people or when Linear Park can no longer care for them due changes in their condition. A suitable period of notice will be given.

Visitors are welcome at any reasonable time, but we always respect our residents' wishes should they prefer not to receive visitors.

## **Structuring Fees**

Our fees are balanced between the need to provide a high standard of care and structured as closely as possible to Local Government support levels for different categories. Please see our <u>Residents' Care Guide</u> for more information on fees and additional services.

#### Staff

The quality of staff providing care and their training is extremely important to us. The giving and accepting of care between human beings is a highly personal thing. We believe that our staff who work here are the best. This is because we only select the best and only retain those that can maintain the highest standards we and our residents require. Please see our Residents' Care Guide for a breakdown of staff type.

### **Design and Facilities**

Our home is situated in Newton Le Willows close to the Newton Community Hospital. It is a purpose-built single-storey building that allows every resident a room of their own. It has been uniquely designed with circular corridors to ensure residents never feel lost; particularly important for those coping with dementia. A new sensory bathroom has been created to aid relaxation and reduce anxiety.

Communal facilities include a lounge, dining room, library, morning room, conservatory, landscaped gardens and hairdressing salon. Please see our <u>Residents' Care Guide</u> for more information about our environment.

Food is an extremely important part of our residents' day. We have an excellent team of highly trained catering staff who offer home style meals, providing a nutritious, appetizing and well balanced diet. Each dining table seats four residents and is provided with a daily menu so that everyone can see at a glance what we are able to offer. We always provide a choice of meals and cater for special diets, including vegetarian dishes. Food preferences are discussed when we draw up care plans together.

In consultation with our residents, a wide variety of activities are on offer. These may include such things as current affairs debates, quizzes, games, arts and crafts, bingo, cards, dominoes, and so on. Outings to places outside the home are offered but may incur additional cost.

#### Discussion

We hold regular meetings where everyone is encouraged to participate, though it is not compulsory and residents' wishes are always respected. Topics discussed at the meeting are decided by residents and usually cover things like catering arrangements, outings, activities and entertainment.

Linear Park promotes and accepts a Resident Charter of Rights, a copy of which is publicly displayed in the foyer of the home.

## **Management Enquiries**

The Director and Senior Management Team of Linear Park are highly qualified, dedicated and experienced in care. If you wish to visit the home or discuss any issues concerning our service, the Home Manager can be contacted on 01925 221635. However, you do not need an appointment to view the home.

We hope this document gives you an indication of how we approach care giving. More detailed information can be found in our Residents' Care Guide available on our website.

We are a member of the National Care Homes Association. In April 2006 and 2008, we were inspected by an independent body RDB (Residential Domiciliary Benchmarking) and were awarded 5 stars. Five star rating denotes an excellent standard of care.

We will be inspected again in 2013.

### www.linear-park.co.uk

18) This introduction was last checked for accuracy in May 2013. It is monitored for accuracy every six months.

- S.M